



TRAIL COURSE or Cross-Country... USATF Certified? No, but it's OK!

This course is believed to have significant off-road components. Trail and cross-country race courses are not typically certified. Records can not be ratified. Personal bests for the nominal distance are not available and times can not be meaningfully compared between courses of similar nominal distance. The stated distance is considered to be approximate.

A casual, non-record eligible and not-certified course is expected and considered common practice for a trail or cross-country course.

These conditions are considered features of a trail race. Certification is usually not practical on lands where permanent physical reference points are not accessible. This generally includes golf courses, park lands, forest, desert and mountain trails.

You can learn more about USATF Course Certification here:
<https://www.usatf.org/resources/course-certification>

You may inquire about our course measurement services here:
RaceMeasure@BuffaloRunners.com