

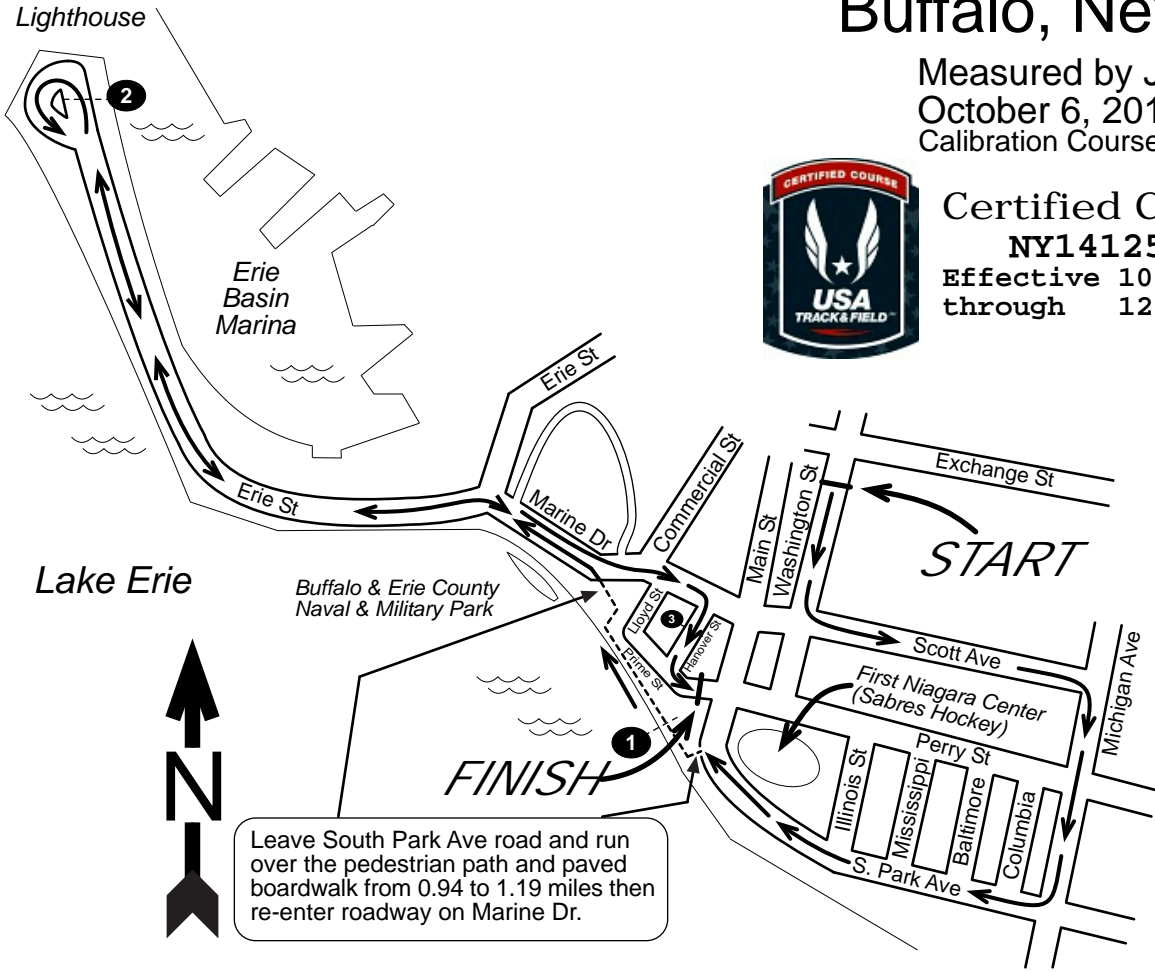
# IMPACT 5K

## Buffalo, New York

Measured by Jeff John  
 October 6, 2014  
 Calibration Course: NY14076JG



**Certified Course**  
**NY14125JG**  
 Effective 10/08/2014  
 through 12/31/2024



Leave South Park Ave road and run over the pedestrian path and paved boardwalk from 0.94 to 1.19 miles then re-enter roadway on Marine Dr.

### MILE SPLITS

- START** Washington St, 150' north of the I-190 On Ramp and 110' south of Exchange St, mid RR bridge.
- 1-MILE** On the Canal Side boardwalk path, 10' before (south of) 3rd wooden Lamp Post from the south.
- 2-MILE** Erie St at the Lighthouse and 10' before Pole # 59-2.
- 3-MILE** Hanover St, 19' before (south of) Pole # 3.
- FINISH** Prime St, 37' 2" past (east of) red hydrant, and 100' west of Harbor Center Blvd (Main St).

