6th ANNUAL

FIREFIGHTERS FOR FOOD
5K RUN and 1 Mile Fun WALK
AUGUST 2, 2014 – 9:30am

Our Event is Sanctioned by USATF

The Village of Lancaster in cooperation with local firefighters, are sponsoring a 5K run/walk to benefit the Trinity Food Pantry in Lancaster, who provides food to the Lancaster and Bowmansville residents in need.

Registration Fees: **$15 for All Firefighters & July 4th Runners**
$15 for Lancaster Striders Members
$18 thru July 25 or $20 after July 26
$18 with a donation of at least 5
Non-perishable food items on race day

Register online @ https://reg.score-this.com/regx/step1.jsp?eventID=1387

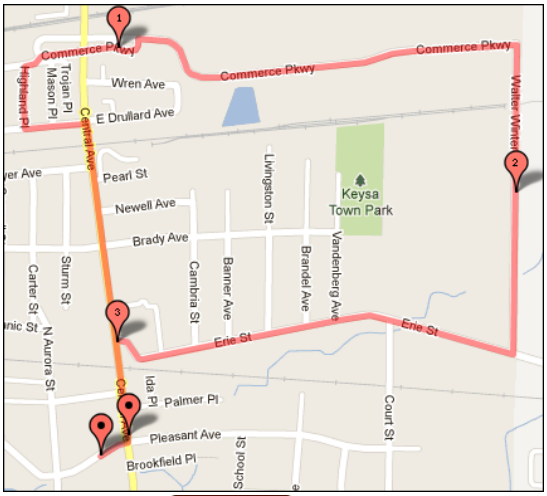
Starting Line is on Pleasant Ave in front of Lancaster Towers

Race Day Registration: **Lancaster Municipal Building**
5423 Broadway, Lancaster
8:00am – 9:30am sharp

Award for Fire Department with Most Members Participating

Awards for Overall Male/Female & the 1st,2nd ,3rd Places in Age Groups:
Male: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+
Female: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Race results by Tempus Fugit Scoring Services
Post Race Refreshments: Food and Beverages will be provided



RoadID™ Be seen wearing it.

PROCEEDS TO BENEFIT LANCASTER TRINITY FOOD PANTRY,
5448 BROADWAY LANCASTER, NY 14086 (716)683-1111

MAIL ENTRY FORM WITH CHECK PAYABLE TO: VILLAGE OF LANCASTER, 5423 BROADWAY, LANCASTER, NY 14086
(NO CASH PLEASE)

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LAST NAME **FIRST NAME**

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STREET ADDRESS

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TOWN/CITY **STATE** **ZIP CODE**

(☐☐☐)☐☐☐-☐☐☐☐ ☐ ☐☐ ☐☐ ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

PHONE NUMBER **SEX** **AGE (ON DATE OF RACE)** **SHIRT SIZE** **FIRE DEPARTMENT/COMPANY (IF APPLICABLE)**

RELEASE & WAIVER: IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I FOR MYSELF, MY HEIRS, EXECUTORS & ADMINISTRATORS, DO HEREBY DISCHARGE THE VILLAGE OF LANCASTER, THE RACE ORGANIZERS AND ANY & ALL SPONSORS & SANCTIONS OF THE RACE FOR ALL INJURIES AND LOSSES SUFFERED BY ME FROM COMPETING IN OR ATTENDING THIS SAID EVENT.

SIGNATURE

SIGNATURE OF PARENT OR GUARDIAN IF UNDER 18