

APPLICATION

WAIVER: I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, and each of their agents, representatives, successors and assigns, and all other persons associated with the event, for my all liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise. I understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event.

First Name MI

Last Name

Number and Street

Town/City

State/Prov. ZIP/Postal Code

Sex Age Phone

Email SHIRT SIZE: (check one)

Small Medium Large X-Large

Running club, for \$5 discount

Signature

Parent Signature (if under 18)

I do not wish to register for the 5K run.

I would like to make a donation \$ _____

WESTERN NEW YORK RUNNING HALL OF FAME INDUCTEES

Class of 2011

John Beishline

Mark Finucane

Emery Fisher

Bob Ivory

Jennifer Colgove-Martin

Nancy Mieszczak

Don Mitchell

David O'Keeffe

John Tuttle

Ralph Zimmermann

Class of 2012

Mike Beebe

Gloria Brown

Bob Carroll

Jim Dunlop Jr.

Bill Mangan

Class of 2013

John Chew

Charlie Kern

Vicki Mitchell

Bernie Prabucki

Carl Roesch



Presents

The Champions 5K

Friday, August 29, 2014
at 6:30 p.m.

Presented by
ADPRO Sports/Nike Team

RUN WITH THE LEGENDS

Never before have all Western New York 5k winners met head to head in one race to decide who indeed is the very best at the distance. The Champions 5K will determine the true champion. Buffalo's incomparable Labor Day weekend tradition of fine racing, great food and drink, and hanging with good friends on the Parkway continues. Take advantage of the PR-friendly course, then join the party and welcome in the Western New York Running Hall of Fame Class of 2014.



LOCATION

Elmwood Avenue at Bidwell Parkway
Buffalo, NY.

PACKET PICK-UP AND RACE DAY REGISTRATION

Friday, August 29, 3 p.m. - 6:15 p.m.
near the corner of Elmwood Avenue and
Bidwell Parkway.

ENTRY FEE

\$0 for all WNY 5k winners 9/1/13
through 8/15/14

\$20 before August 1

\$25 after August 1 to August 28

\$30 race day

\$15 for all running club members who
enter before August 1

Online registration available at
wnyrunninghof.com

PREMIUM ITEM

Quality technical shirts to the first 300
registered runners.

CHECKS PAYABLE AND MAIL TO

Hall of Fame 5K, 340 Puritan Road,
Tonawanda, NY 14150

AWARDS

\$100 for first overall male and female

\$75 for second overall male and female

\$50 for third overall male and female

Awards to the first overall male and
female and masters male and female,
plus awards to the top three in each
of the following age groups (male and
female): 14 and under, 15-19, 20-24, 25-
29, 30-34, 35-39, 40-44, 45-49, 50-54,
55-59, 60-64, 65-69, 70-74, 75-79, 80+.



COURSE

A USATF-certified 5k course
(NY-06051-JG) beginning at
1010 Elmwood Avenue (in
front of J.P. Bullfeathers
Restaurant). Head south on
Elmwood Avenue to North Street.
Turn right on North and head west to
Symphony Circle and right onto Richmond
Avenue. Head north on Richmond to
Colonial Circle. Turn right onto Bidwell
Parkway finishing just before Elmwood
Avenue. This course offers you a golden
opportunity to run a very fast time.



RECORDS

Ivan Gomez, 14:25 (1997)
Vicki Mitchell, 16:15 (1994)

SPONSORS

Presenting

ADPRO Sports/Nike Team

Primary

The Buffalo Marathon

Gold

Tops Friendly Markets

Certo Brothers

Checkers Athletic Club

Greater Buffalo Track Club

Runner's Roost

Silver

Certo Brothers

Welcome Running Clubs

Lancaster Striders

Bond Lake