

42nd Annual

Bob Giza

10K and Two Partner 5K Relay Race Thursday, July 4, 2019 • 9:00 AM

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Richard J. Sherwood, Attorney Lancaster, NY • 684-5123



GERALD J. GILL, JR. Attorney and Counselor at Law

MURRAY ROOFING 716-896-5555



- Certified Course
- TAC Sanction
- Individual 10K Race
- Two Partner 5K Relay Race
- Designer T-Shirt to First 1,000 Entrants
- Age Group Awards
- Ample Water Stops
- Splits at each mile and 5K

- Free Post-Race Party at Boys & Girls Club
- Computerized Finish Line by Chip Time Results
- Start to Fourth of July Celebration (Including Largest Parade in W.N.Y.)
- Refreshments, Pizza & Fruit to All Runners
- Buffalo News Runner of the Year Series
- Join the 10K Raffle worth \$550 in prizes! Add only \$2.00 to your entrance fee!

Course monitored by Depew and Lancaster Police Dept., Bowmansville Vol. Fire Dept. Lancaster Vol. Ambulance Corps., Lancaster Fire Dept., Depew Fire Dept.

Make checks payable to: Boys & Girls Club of Depew - Lancaster								Return to: Boys & Girls Club of Depew - Lancaster 60 Preston St • Depew, NY 14043																						
ENTRY FORM MUST BE RECEIVED BY Monday, July 1, 2019									19	Register Online Until Sunday June 30th At: depewlancasterbgc.org																				
LAST NAME								FIRST NAME									M.I.													
																RACE USE ONLY							ONLY							
NUMBER & STREET																														
																										ľ	PSN/	BIB		
T-Shirt Size: S M L XL XXL (Please circle) (First 1,000 entries) SEX AGE T-Shirt Size: S M L XL XXL (Please circle) (First 1,000 entries) **TO ENTER THE 10K Raffle worth \$550 in prizes, ADD \$2.00 TO THE ENTRANCE FEE. YES! SIGN ME UP!											!																			
10k Run OR 5K Category: (Please Circle) M-M F-F M-F Runners: 1. 2. Entries for both members of your relay team must be mailed in the same envelope.																														
										Enti	ies f	or b	oth n	nemk	oers (of you	r rela	ay te	am n	nust	be n	naile	d in t	the sa	ıme	enve	lope.			\Box

In consideration of your accepting my entry and permitting me to attend or participate in the July 4th Race, I intend to legally bind myself, my heirs, executors, and administrators, and waive and release any and all rights and claims for damages I may now or in the future have against the Russell J. Salvatore Boys & Girls Club of Depew-Lancaster., Villages of Lancaster & Depew, Town of Lancaster, race committee, the race sponsors, or their representatives, agents, members or assigns for any and all losses and/or injuries suffered from or competing in or attending the race. I verify that I am physically fit and have trained sufficiently for this race.

Signature of Runner	Date	
-		

Signature of parent/guardian if under 18 _

RACE INFORMATION

* RACE DAY HEADQUARTERS *

Registration/Packet Pick-Up:

*All pre-registered runners can pick up their packet on race day **ONLY** at the **Lancaster Boys & Girls Club**

5440 Broadway, Lancaster Open at 7:00 a.m.

No pre-race day pick-ups

Register online until Sunday June 30th at depewlancasterbgc.org

NO PRIOR WALK-INS

Day of Race Walk-In Registration:

Lancaster Boys & Girls Club Gymnasium 5440 Broadway, Lancaster Open at 7:00 a.m.

Registration

In Gym

Entry Fee:

\$25.00 Pre-Registration Per Runner (Must Be Received By Monday, July 1, 2019) \$30.00 Per Runner After July 1, 2019 19 Years Old Or Under \$20.00

Checks payable to: Boys & Girls Club of Depew - Lancaster

Age Groups:

14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94 MALE: FEMALE: 14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84

5K Relay: Male-Male, Female-Female, Male-Female

Awards: Overall Male and Female

10K: Ages 25-54 Male & Female

1st, 2nd, 3rd, 4th, and 5th in each category **Under 25 and Over 54** *Male & Female* 1st, 2nd, and 3rd place awards

5K Relay: 1st, 2nd, and 3rd in each category

Results will be posted by the front porch and awards will be given out in the gymnasium

Information/Volunteers

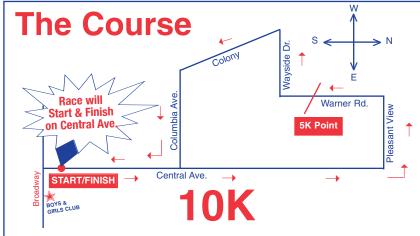
If you know of anyone who would be interested in VOLUNTEERING race day or if you need further details regarding race, please contact: Dave Hoch, **Boys & Girls Club of Depew -Lancaster**

60 Preston St, Depew, NY 14043

(716)683-6755

Race Results posted at: www.chiptimeresults.com

★ START & FINISH LINE

















Richard J. Sherwood, Attorney

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GERALD J. GILL, JR. **Attorney and Counselor at Law**



60 Preston St. • Depew, New York 14043 Of DEPEW-LANCASTER BOXS & GIBLS CLUB

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