

TAKE-A-BREATH-FOR-LIFE

Foundation

Is hosting a fundraising event for the Lung Cancer Alliance



Southtowns
Radiology

Our experience matters. And so does yours.



What's the Event: 5k Run / Walk Race to Shine a Light on Lung Cancer

Brought to you by Southtowns Radiology

When: Saturday, November 11th
Race & Festivities take place at 11:00 a.m.

Where: Hamburg Fair Grounds – Lower Grandstand

Who: Anyone who has the desire to cure Lung Cancer and enjoys a nice run or walk on the Hamburg Fairgrounds!

**5K Run / Walk race, Kids Run
Raffles, Theme Baskets, and much more!
Live Music with Bob Roof & Friends**

FREE ADMISSION TO POST RACE FUNDRAISER

All are welcomed at the fundraiser - not required to run the race!

To Donate: Make checks payable to: Take a Breath for Life & send to Take a Breath for Life,
8448 Heath Road, Colden, NY 14033

For more information contact the Take a Breath for Life Foundation at

Email: jeremy.gilbert4@gmail.com

Visit our website

itsbuffalotime.com/take-a-breath-for-life-5K

Visit us on facebook

www.facebook.com/TakeABreathForLife



TAKE A BREATH FOR LIFE'S

5K Run, Kids Run and Lung Cancer Awareness Fundraiser

Saturday November 11th, 11:00 a.m. (Rain or Shine)

Sponsored by Southtowns Radiology



Southtowns Radiology

Our experience matters. And so does yours.

Location

Hamburg Fair Grounds

Lower Grand Stand

5600 McKinley Pkwy

Hamburg, NY 14075

5K Run Registration:

\$25 Pre-Registration, \$30 day of race

Kid's 1/2 mile fun run is FREE - Please register

Make checks payable to Take a Breath for Life

Foundation

Event Schedule:

9:30 a.m. Race Registration

11:00 a.m. – 3:00 p.m. Fundraiser

11:00 a.m. 5K Run / Walk

12:00 a.m. Kids fun run

12:30 a.m. Awards

2:00 p.m. Theme Basket Ticket Drawing

Pre-registration & Race Packet Pick up:

Friday, November 10th 5:00 p.m. – 7:00 p.m.

Hamburg Fairgrounds – Lower Grand Stand

Packet includes: Race bib, Event Information and a

free T-shirt for the first 200 people to register. Race

day pick up is also available.

Contact Information:

Jeremy Gilbert

Email: jeremy.gilbert4@gmail.com

Website: itsbuffalotime.com/take-a-breath-for-life-5K

Facebook: www.facebook.com/TakeABreathForLife

Race Details:

Timing & Finish line services provided by It's Buffalo Time

Medals awarded to overall male & female & top 3 finishers in each age group (M&F),

<14, 15-19, 20-24, 25-29, 30-34, 35-39,

40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-

74, 75+

Kid's medals awarded to first 100 kids

Join the fun after the race!
Free Admission
All are welcomed at the fundraiser - not required to run the race!
Fundraiser with proceeds benefiting the Lung Cancer Alliance



LUNG CANCER ALLIANCE
Theme Baskets
Live Music by Bob Roof & Friends
Food for purchase
Raffles
50/50
Family Friendly
Free Parking

**Entry Form – Take a Breath for Life 5K – Mail this portion with checks made payable to: Take a Breath for Life,
Take a Breath for Life
8448 Heath Road, Colden, NY 14033**

Last Name: _____ First Name: _____

Gender: _____ T-shirt Size (S, M, L, XL): _____ Email: _____

Address: _____ Town: _____ State: _____ Zip: _____

Date of Birth (00/00/00): _____ Age on Race Day: _____

How/where did you hear about our race? _____

I cannot run but wish to make a donation to the Take a Breath for Life Foundation in the amount of:

\$15 _____ \$25 _____ \$50 _____ Other _____

In consideration from my entry being accepted, I intend to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all claims and rights for damages which I have or which may hereafter occur to me against Take A Breath For Life Foundation, Erie County, Erie County Fairgrounds & Raceway, the race sponsors, and successors and assigns for any and all damages which may be sustained by me in connection with my association with or entry in and arising out of my traveling to, participation in and returning from said event.