St. Mary of the Lake

4737 Lake Shore Rd. 627-7700

Annual 5k Race and Irish Night

(Free entry to Irish Night for all runners 21 years and over!)

HONORARY CHAIRMAN:	Rev. William R. Bigelow
RACE DIRECTOR:	Tom Zugger 843-3100 ext. 153
DATE & TIME:	Saturday, June 26, 2010 at 6:00 pm
LOCATION:	St. Mary of the Lake 4737 Lake Shore Rd. Hamburg, NY 14075
PRE RACE PICK-UP:	Friday, June 25 , 6:00-8:00 pm at St. Mary of the Lake School
ENTRY FEE:	Adults- $25.00 Children ages 10 & under- $10.00, $50.00 max. per family
CUSTOM SHIRTS:	Short-sleeved tees for all pre-registered runners
CHECKS PAYABLE TO & MAIL TO:	St. Mary of the Lake 4737 Lake Shore Rd. Hamburg, NY 14075
RACE:	Sanctioned and Certified

AWARDS: Trophies to the first overall male and female, plus trophies to the top three in each of the following age groups (male and female): 14 & under, 15 to 19, 20 to 29, 30 to 39, 40 to 49, 50 to 59, 60 to 69, 70 to 79, 80 plus

COURSE: USA Track and Field Approved and Certified as a 5K. Go right on Avery to Morgan. Turn right on Morgan to Chapman. Turn right on Chapman to Avery. Go left on to Mt. Vernon to Cain, to Stewart, and right on Kennison back to St. Mary of the Lake School. (course measured/sanctioned by John Grandits 634-5052)

POST RACE PARTY: In the school tent following the race we will have the awards ceremony and refreshments. In the school gym we will have Irish Night immediately following the race.

FINISH LINE BY W.N.Y. FINISH LINE SERVICES

In consideration of accepting this entry, I myself, my heirs, executors and administrators, do hereby discharge St. Mary of the Lake Parish & School, the race organizers, and any and all sponsors & sanctioners of the race for all injuries and losses suffered by me from competing in or attending this said event.

LAST NAME _____ FIRST NAME _____ MI _____

T-SHIRT SIZE
S, M, L, XL
_____

NUMBER AND STREET _____

TOWN/CITY _____ STATE _____ ZIP CODE _____

5k Run____
5k Walk____

SEX ____ AGE ____ PHONE NUMBER _____ E-MAIL ADDRESS _____

Signature _____

Parent Signature (if under 18) _____