

RUNNER'S ROOST

## FEROLETOLAW





A portion of the proceeds support Kevin Guest House, which provides a safe & supportive home away from home for patients & families traveling to Buffalo for critical medical care.

BUFFALO NEWS RUNNER OF THE YEAR RACE

Select a Heat:



**CHECKERS ATHLETIC CLUB** 23<sup>rd</sup> Annual. Thursday, August 8, 2019 at 6:30 PM

STARTING LINE: Main Street in Tonawanda ENTRY FEES:

- \$12 One-Mile Fun Run
- \$15 Open & Elite Runs (Students- \$12)

- \$20 Day of race (Students- \$15)
- TEAMS: (All team members do not have to run the same heat)
- \$15 per person for 6-member Masters Team (Age 40 & Up)
- \$15 per person for 6-member Adult Team (Age 19 & Up)
- \$12 per person for 4-member High School Team (Age 14-18)
- \$12 per person for 4-member Youth Team (Age 1-13)

**PRE-RACE PACKET PICK-UP & REGISTRATION:** Tue. August 6, 6-7 PM. Checkers Track Workout-Williamsville South High School, 5950 Main Street, Williamsville, NY 14221 OR

Wednesday August 7, 5-7 PM at Eldredge Bicycle Club- 17 Broad Street in Tonawanda. **RACE DAY REGISTRATION & POST-RACE PARTY:** Starting at 5 PM. Eldredge Bicycle Club-17 Broad Street Tonawanda. Family friendly atmosphere. Pizza, refreshments, craft beer after race. Music by Stylus Productions.

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SPLIT CLUB RAFFLE: Tickets are \$2, 3 tickets for \$5

**AWARDS:** Cash Prizes & Free Checkers membership for the 1<sup>st</sup>-5<sup>th</sup> Place Male/Female. 1<sup>st</sup> Place Masters Male/Female. (Winners may opt for Runner's Roost gift certificate in lieu of cash.)

1- \$200, 2-\$150, 3- \$100, 4- \$75, 5- \$50

\$100 Bonus For New Course Record. Female- 4:58. Male- 4:19
Prize- Fastest Adult & Masters Teams (6 member – 3 Male, 3 Female)
Runners Roost Gift Certificates- Fastest HS Team (4 member, no restrictions). Fastest Youth Team (4 member, no restrictions). Medals- Top 3 Age-Group Male/Female. One-Mile Fun Run participants not eligible for awards, except for team award. Fun-run participants may run on a team.
COURSE MAP: See Buffalorunners.com. Certified USATF NY09045JG
MORE INFO: checkersac.org/MuellerMile, Buffalorunners.com, Facebook.com/MuellerMile

G:30 PM One-Mile Fun Run (\$12)		7:00 PM Open Citizen Race \$15 (\$12 for Students)			
<b>7:20 PM</b> Elite Female- Sub 6:00 mile \$15 (\$12 for Students)		7:30 PM Elite Male- Sub 5:30 mile \$15 (\$12 for Students)			
Split Club Raffle 🖵 1/\$2,	3/\$5				
Amount Enclosed:	Checks Payable To: Checker	Checks Payable To: Checkers AC. Mailing Address: Score This!!! 15 Ranch Trail Ct., Orchard Park, NY 14127			
NAME (First, Last – Please	Print)				
SKIP to ADDRESS if NOT Ru	nning on a TEAM. Each team member registe	rs individually. You will be score	d as a team. Team members do	not have	
to run in the same heat. TEAM SCHOOL AFFILIATION, if any TEAM AGE GROUP (YOUTH, HS, ADULT)					
TEAM NAME (Use an origin	al name so we don't have duplicates)				
WHO ELSE IS ON YOUR TEA	M?				
СІТҮ		STATE/PROVINCE	ZIP		
PHONE	EMAIL				
MALE/FEMALE	DATE OF BIRTH	APPROX. MILE TIME			
organizations holding this event, Ch	epting this entry, I hereby, for myself, my heirs, and adminis eckers Athletic Club, the City of Tonawanda, the County of I	Erie, their agents, representatives, succe	ssors, and sponsors for all injuries suffered	d by me at this event.	
Additionally I have by your furtheat I a	a registering under muceurs name and understand that any	micropropropriation will subject me to dis	avalification prior to or subsequent to the	a avant at the race	

Food Trucks on Young Street



director's discretion with no refund of the entry fee.