Mr. Ed's *32rd annual* "Superbowl Warm-Up" Virtual 5k

JANUARY 29 through FEBRUARY 7, 2021

Virtual running works the same as any other type of running but the difference is that the entered race can be run at any location, at any pace, inside on a treadmill or outside in another country. All you have to do is register and be able to time your run or walk over a measured distance of 3.1 miles.

Run or walks accomplished from January 29th thru February 7th can be counted. Times must be recorded on the results web page at www.Score-This.com/running. Deadline is midnight February 7th.

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