

Mr. Ed's 34th annual "Superbowl Warm-Up"

SUNDAY, FEBRUARY 12, 2023 in Middleport, NY

5 KILOMETER CANALSIDE RACE @ 11:30 (Certified Course)

1 MILE FUN-RUN @ 11:00 / 5 K WALK @ 10:00

☺ **RENOWNED POST-RACE PARTY** ☺

"COLLECTOR'S ITEM" Long sleeved T-Shirts TO FIRST 300 REGISTERED.
5-K AWARDS GALORE OVER-ALL, MASTERS, GRAND MASTERS, AND FIREMEN
5-YEAR AGE GROUPS FUN-RUN & WALKER RIBBONS

Like us on Facebook

Mr.Ed's Superbowl 5K Race

Computerized Chip Timing & Scoring
by Score This!!

Since 1990 we have donated over \$95,000 to deserving Roy-Hart Students & The Community

Register at: MIDDLEPORT FIRE HALL on Main Street from 9:30 to 11:00

No spikes inside of Firehall

No dogs or strollers allowed in 5K Race.

More Information? Phone: (716) 735-3115

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PRE-RACE REGISTRATION DEADLINE 1/31/2023

PRE RACE ENTRY FEE: \$30.00 (U.S. Funds Only Please) \$20.00 (14 years & Under)

Race Day Registrants: \$35.00

Checks Payable To: Score This Timing
128 Genesee Street Lockport ,NY 14094

Mail To: Score This ,Inc.
Please Enter **ALL** Information

Last Name _____ First Name _____ Phone () _____

Complete Address & ZIP _____

E-Mail address _____

I Am Entering The: 5K RACE _____ FUN-RUN _____ 5K WALK _____ FIREMEN'S 5K RACE _____

FIREMEN'S 3 X 1 MILE RELAY (Enter Team Name) _____

Date of Birth: ____ / ____ / ____ Age on Race Day: ____ Sex: M F

Circle Your Shirt Size: S M L XL XXL XXXL (additional \$3.00)

In consideration of your accepting my entry, I hereby, for myself, my heirs, my executors and administrators, waive and release any and all rights & claim for damages which I may have against Mr. Ed's "On The Road" Athletic Club, Pony's Irish Pub, The Middleport Volunteer Fire Co. #1, Inc. and their sponsors for any injury or damages which may be sustained as a result of my participation in this event or arising out of traveling to or from this event. I certify that I am in good health & able to participate in this event.

SIGNATURE _____ Parent if Under 18 _____

PROCEEDS BENEFIT: THE MIDDLEPORT VOL. FIRE CO. - SCHOLARSHIP FUND

For Race Use Only

Additional applications or ONLINE REGISTRATION at www.score-this.com