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Lockport High School Foundation LockRock Armed Forces Day 5K

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WHAT

- 5K (\$20 pre-registration / \$25 day of registration)
 - 5K All Students \$10
 - Awards in various age categories 5 year intervals
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GUARANTEED FREE RACE TSHIRT FOR ALL REGISTERED BY MAY 1ST

- Additional shirts may be on sale at the event
 - Any proceeds generated from this event will benefit the Lockport High School Foundation
 - T-Shirts for day of registrants, while supplies last
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WHEN

- Saturday, May 18th, 9:00 a.m.
 - Registration begins at 7:15 a.m.
 - Parade Precession starts at 8:30
 - 5K starts at 9:00 a.m. across the street from Palace Theatre on Elm St.
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WHERE

- Lock 34 Bar & Grill | 80 Main Street, Lockport, NY
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CONTACT

Phone: 716-628-3926
Cookie Butcher

• Post-race party at Lock 34 Bar & Grill

REGISTRATION FORM

<input type="text"/>	<input type="text"/>	<input type="text"/>
LAST NAME	FIRST NAME	M.I.

ADDRESS: NUMBER AND STREET

<input type="text"/>	<input type="text"/>	<input type="text"/>
TOWN/CITY	STATE/PROV	ZIP/POSTAL CODE

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
SEX (M/F)	AGE	PHONE W/AREA CODE	EMAIL ADDRESS

XS
 S
 M
 L
 XL
 XXL

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Disabled Veterans FREE

5K pre-registered runners receive a T-shirt

5K \$20 pre-registration - online or make check payable and mail to **Score This Inc**, 15 Ranch Trail Court, Orchard Park, NY 14127

5K \$25 **Day of Race** check or cash only, [do not mail check]
Please make check payable to: Lockport High School Foundation

5K \$10 - All Students Through Grade 12

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Register online at:
www.score-this.com

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Official Race Use Only			

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WAIVER

I understand that participating in this event is potentially hazardous and that I should be properly trained and medically able to participate. In consideration for you accepting this entry and by signing below, I, for myself and on behalf of our successors, executors and heirs, assume full and complete responsibility for my participation in the event, and hereby forever waive, release, discharge and indemnify Lockport High School Foundation and its affiliates and their directors, officers, employees, agents and representatives, from and against any and all suits, claims, losses, costs, expenses, damages and fees now and in the future arising or relating to this event, whether caused by the negligence, action or inaction of any of the above parties.

Signature of Participant, Parent or Guardian

Date

Name, Address and Phone Number of Parent or Guardian