

1 Mile TRACK RACE

6:30PM Monday, June 24 2019

Location: Adams Field 1299 Parker Blvd Buffalo, NY 14223

Entry Fee: \$15 before June 24th. \$20 race day

Race: The GBTC Mile competitive track race held at Adams Field will be raced in heats, starting at 6:30PM.

Registration Fees are non-refundable and non-transferable. Guaranteed shirts to registration received by June 14.

Postrace refreshments will be available.

Packet Pick-Up Race day only at Adams Field, starting at 5PM

Awards: First male and female finishers (overall), first masters male and masters female and first place in 10 year age groups.

PLEASE PRINT LAST NAME	FIRST NAME	M.I
ADDRESS		
TOWN/CITY	STATE/PROVINCE	ZIP/POST CODE
EMAIL	PHONE: (·
M F AGE (DAY OF RACE)		
Emergency contact & Phone number:		
ENTRY FEE: \$15 GBTC Mile Race \$20 Day of Registration T-shirt: SIZE: S M L XXL		
Select the heat most appropriate for you b 6:30PM - Heat #1: 8:30+ pace per mile 6:50PM - Heat #2: 7:00-8:30 pace per mil 7:10PM - Heat #3: 5:45-7:00 pace per mil 7:20PM - Heat #4 <5:45 pace per mile **Start times, heat brackets and number of races subjectives.	le ile	is
Runner's Signature:		

Waiver must be signed for entry acceptance. In registering for Greater Buffalo Track Club's 1 mile race I state that I fully understand and assume the risk and responsibility for participating in an athletic event. I hereby state that I am fit to participate. I also waive all claims for myself, and for anyone acting on my behalf, against the Greater Buffalo Track Club, any and all sponsors, the town of Kenmore, Ken-Ton School District. County of Erie, State of New York and NY State Dept. of Parks for damages that might result from my participation therein. If I am injured or taken ill, I hereby authorize race officials to transport medical facility and/or to administer emergency medical treatment and waive all claims for damages that might result from such transport and/or treatment. I also agree to provide certain medical data to race officials to expedite such treatment.

Make checks payable and send to: Greater Buffalo Track Club PO Box 1938 Buffalo, NY 14225 Questions: Contact the Race Director at tconn@roadrunner.com or Rjmiles515@gmail.com