

**Feel the Spirit 5k Race 2023 Saturday April 1st 11am Start
Infant of Prague Church – Cheektowaga, NY ***16th Annual!!**

Bring the whole family! Post-race party for participants and all guests!

Live music! Basket Raffle!! Bunny dogs!!!!

USATF certified 5K course (NY18003JJ) **75 & older always free!**

1st place overall M/F, 1st place overall M/F masters (40+), 1st place overall M/F GrandMasters (60+)

1st, 2nd, 3rd M/F per age group, no duplicates.

Age groups: M/F 6-14, 15-19, 20-24,.... 85-89

Day of race registration 9am to 10:30am. Info- Tim (716) 380-0231, Ellen (716) 380-2722

Hot dogs, Bunny dogs, Beer, & Pop, plenty of parking.

Free rain gear available for all runners. **YES! The race WILL be held even if it's sunny!**

MAKE CHECKS PAYABLE TO: Score This!!! Inc. SEND TO: Score This, 15 Ranch Trail Ct., Orchard Park, NY 14127

Last name (print) First name

Home address

Town or City Sate / Prov. Zip / Postal code

Gender Age Phone # Entry fee \$25 - \$30 March 1st to 29th - \$35 race day.

Shirt size: **S** **M** **L** **XL** <<< circle one

E-mail _____

WNY Finish Line and Timing Service 202

In consideration of my entry being accepted I, intend to be legally bound, do hereby, for myself, my heirs, executors and administration, waive, release, and forever discharge any and all claims and rights for damages which I have or which may hereafter occur to me against Infant of Prague Parish, Cheektowaga, the race sponsors, and successors and assigns for any and all damages which may be sustained by me in connection with my association with or entry in and arising out of my traveling to, participation in and returning from said event.

Signature

Parents Sign if under 18 years

Date

Bib#-----

