

**Feel the Spirit 5k Race 2019 Saturday April 6th 11am Start
Infant of Prague Church – Cheektowaga, NY**

**Bring the whole family! Post-race party for participants and all guests! Free!!
Mens and Womens running shirts!!! Live music! Chili cook-off contest with BIG prizes!!!**

USATF certified 5K course (NY18003JJ) 75 & older always free!

1st place overall M/F, 1st place overall M/F masters (40+), 1st place overall M/F GrandMasters (60+)

1st, 2nd, 3rd M/F per age group, no duplicates.

Age groups: M/F 6-14, 15-19,..... 85-89, 90+

Day of race registration 9am to 10:30am. Info- Tim (716) 380-0231 or Ellen (716) 380-2722

Hot dogs, Chili, Beer, Wine & Pop for all, plenty of parking. Baked good sale, Door prizes!

Free rain gear available for all runners. YES! The race WILL be held even if it's sunny!

MAKE CHECKS PAYABLE TO: Score This!!! Inc. SEND TO: Score This, 15 Ranch Trail Ct., Orchard Park, NY 14127



Last name (print)

First name

Home address

Town or City

State / Prov.

Zip / Postal code

Gender

Age

Phone #

5K race or **1 mile walk**

Shirt size:

S M L XL

Male shirt OR Female shirt

E-mail _____

WNY Finish Line and Timing Service 2019

In consideration of my entry being accepted I, intend to be legally bound, do hereby, for myself, my heirs, executors and administration, waive, release, and forever discharge any and all claims and rights for damages which I have or which may hereafter occur to me against Infant of Prague Parish, Cheektowaga, the race sponsors, and successors and assigns for any and all damages which may be sustained by me in connection with my association with or entry in and arising out of my traveling to, participation in and returning from said event.

Signature

Parents Sign if under 18 years

Date

Bib#-----