

TIM FRANK MEMORIAL CANAL FEST 4 MILER

To Benefit the Boys & Girls Clubs of The Northtowns



THURSDAY, JULY 23RD, 2020
7 P.M.
34TH ANNUAL 4 MILER!



Registration / Pick-Up:

Preregistration and race packet pick up

- o July 22nd, 4-7 p.m.
- o Boys and Girls Club, 325 Franklin St., Tonawanda (outside pavilion)

Race-day registration

- o 4-6:45 p.m.
- o Crazy Jakes, 26 Webster St., N. Tonawanda

Race Course **The race site starts and finishes at Main and Sweeney streets in North Tonawanda. The 4 mile-course runs along the shores of the Erie Barge Canal (USATF Certified).**

Chip-Timed Race **Start and Finish by Score This!!!**

NT Course Record | Male- 2007 – Brian Lombardo-20:20
 NT Course Record | Female- 2013 – Karley Rempel-24:14

Awards:

1st Place Male and Female Overall
 1st, 2nd, 3rd Place Male and Female in the following age groups:

10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39,
 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over

Race Day Itinerary:

4-6:45 p.m.	Registration and Race Packet Pick-Up
7 p.m.	Ceremonies and Race Start
7:30 p.m..	Post- Race Party and Awards Ceremony

Crazy Jakes- 26 Webster St. N. Tonawanda
 (Non-runners 12-20 years of age - \$5 charge; 21 and above -\$8 charge food, beverages, music, raffle and awards)

Entry Fee:

Adults (15 & over):	\$25.00 Pre-registration		\$27.00 Day of Race
Children (10 & under):	\$10.00 Pre-registration		\$12.00 Day of Race
Children (11 to 14):	\$15.00 Pre-registration		\$17.00 Day of Race



Questions: Call Jeffrey Hardy @ (716) 510-3971. Jeff14Hardy@aol.com

On-Line Registration: WWW.SCORE-THIS.COM also check out WWW.CANALFEST.ORG
 (RESULTS)

- T-SHIRTS TO THE FIRST 400 PARTICIPANTS

Make checks payable to: Score This!!!, Inc.	US Funds only	Mail to: Score This!!!
ENTRY FORM	Email _____	Attn: Canal Fest 4 Miler
		15 Ranch Trail Ct.
		Orchard Park, NY 14127

<input type="text"/>	<input type="text"/>	<input type="text"/>
LAST NAME	FIRST NAME	MI
<input type="text"/>		
NUMBER & STREET	<input type="text"/>	
<input type="text"/>		
TOWN/CITY	STATE/PROV	ZIP/POST CODE
<input type="text"/> <input type="text"/>	<input type="text"/>	<input type="text"/>
SEX	AGE	PHONE NUMBER
<input type="text"/>	<input type="text"/>	<input type="text"/>
T-shirt Size: (circle one)		XXL-add
<input type="radio"/> S <input type="radio"/> M <input type="radio"/> L <input type="radio"/> XL		<input type="text"/> \$1.00

I am donating the following additional amount to benefit the Boys and Girls Clubs

Waiver: In consideration of my acceptance and registration, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages against the cities of the Tonawandas, Canal Fest, Boys & Girls Club of the Tonawandas its agents, successors and assignors for all injuries suffered by me at said race. I declare myself physically fit for this race.

Date Signature of Runner