

**Our Event is Sanctioned by USATF**  
**7<sup>th</sup> race in the GRTC RROY Series**



**Age Group Awards sponsored by**



**Race will be timed by Leone timing**



WATER. CAFFEINE. B VITAMINS.

**Will be at the Race!!!!!!**

**Race will be filmed and can be viewed at**  
[www.youtube.com/teamboyceproductions](http://www.youtube.com/teamboyceproductions)

This year's proceeds will be divided between the scholarship & Camp Good Days and Special Times.

In May 1990, spots were discovered on her lungs and she again was hospitalized. The bone marrow transplant had not been successful and she died at 13 in June 1990. A 5k race has been held in her honor; the proceeds of which go to a scholarship given to an 8<sup>th</sup> grade student at Byron-Bergen who fulfills the requirements of the reward.

In the summer of 1989 it was decided that since her remission times were becoming fewer and shorter, the only option left was an experimental bone marrow transplant. She and her mother went to Sloan – Kettering Hospital in NYC for the procedure. It required a 4month stay due to complications and infections. Jenny returned home in December in time for Christmas. She returned to school part time as a 7<sup>th</sup> grader at Byron-Bergen Middle School.

**Jenny Kuzma's Story**

Jenny Kuzma was 4 years old when she was diagnosed with CML at a regular pediatric visit. (Chronic Myelogenous Leukemia usually presents in adulthood and has no known cure except for a successful bone marrow transplant.) Jenny was treated as an outpatient at Roswell Park Cancer Institute in Buffalo with oral chemotherapy for the next 8 years. This young girl was able to lead a somewhat normal life of an elementary age student except for the weekly blood tests and frequent bone marrow aspirations.

**20<sup>th</sup> Anniversary**



**MEMORIAL RUN**

**Saturday, August 13, 2011**

**8:30 AM**



[www.facebook.com/thebergenroadrace](http://www.facebook.com/thebergenroadrace)

**REGISTRATION PRICE:**

By July30th \$15  
By August 12<sup>th</sup> \$20  
Day of Race \$25

**PRE-REGISTRATION:**

Mail race forms and checks to  
PO BOX 364, Bergen, NY 14416

or  
Register Online at [www.usatf-niagara.org](http://www.usatf-niagara.org) or  
[www.active.com](http://www.active.com)

or  
August 12th: At Medved Running and  
Walking Outfitters, 3400 Monroe Ave,  
Rochester, NY 14618

**DIRECTIONS:**

Race registration is located at 51 south  
Lake Avenue, Bergen, NY 14416

**START TIME:**

6:45am Race Day Registration Opens  
8:30am 5km Race  
9:45am Awards

**T-SHIRTS:**

T-shirts are guaranteed to the first 300  
race entrants.

**SPECIAL ENTRY**

Raise \$50 or more and receive free entry

**ELITE ENTRY**

**MUST PRE-REG TO RECEIVE THIS!!**  
Free entry to any male who has run sub  
16:00 for a 5k in 2011  
Free entry to any female who has run  
sub 18:30 for a 5k in 2011

**AWARDS:**

<b>Overall</b>		<b>Masters</b>	
1 <sup>st</sup>	\$300	1 <sup>st</sup>	\$150
2 <sup>nd</sup>	\$200		
3 <sup>rd</sup>	\$100		
4 <sup>th</sup>	\$50		

**\$200 EVENT RECORD BONUS**

Men	Kyle Heath	2009	14:36
Women	Morgan Burrows	2010	17:19

**TOP 50 AWARDS**

Finish in the top 50 and receive a pint glass  
with the Bergen 5k logo on it.

**AGE GROUP AWARD**

5 years age groups: 14 & Under through 70  
plus



**The Bergen 5k will be hosting the 2011  
USATF Niagara Open & Masters  
Championships.**

Open & Masters Awards  
Open Time bonus Awards  
Masters Age Grading  
Must be a 2011 USATF Niagara member to  
be eligible for USATF Niagara Awards

**RACE COURSE:**

**NEW FLAT FAST COURSE**  
Starts on Parkview drive.  
Water will be available at the way half point  
and finish.  
Our course is certified to be accurate by  
USATF.

**CONTACT INFO**

Eric Boyce  
Website: [www.bergenroadrace.com](http://www.bergenroadrace.com)  
Email: [Bergen5k@yahoo.com](mailto:Bergen5k@yahoo.com)  
Phone #: 585-944-1142  
Address: PO BOX 364 Bergen NY 14416

**Must Complete entry form and sign**

Name \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Age On 8/13/11 \_\_\_\_\_

USATF Niagara Member Yes or No

USATF Membership # \_\_\_\_\_

T-shirt Size (circle one) - S M L XL

Gender (circle one) Male Female

By July 30<sup>th</sup> - \$15 = \_\_\_\_\_

By August 12<sup>th</sup> - \$20 = \_\_\_\_\_

Day of Race - \$25 = \_\_\_\_\_

Donation to Bergen 5k \_\_\_\_\_

Total amount enclosed \_\_\_\_\_

Make checks payable to: Bergen 5k

Mail to PO Box 364, Bergen, NY 14416

(Please Do Not Drop form off at Ralph & Rosies  
Race Director may not receive it)

**Waiver:** In consideration for the  
opportunity to participate in this race I  
hereby remiss, release and forever  
discharge the race director, the village of  
Bergen, all sponsoring organizations,  
their members, and any other persons  
staffing this race in any capacity for any  
claims and demands as a result of  
participation in this event. I also certify  
that I am/have trained sufficiently for this  
event and that I am in good physical  
condition.

\_\_\_\_\_  
Signature or parent signature if entrant under 18