

BuffaloRunners.com

23rd Annual

6 HOUR DISTANCE CLASSIC

WHEN: Sunday, April 28, 2019 at 8:00 A.M.

WHERE: Amherst Bike Path at Northtown Center, 1615 Amherst Manor Dr., Williamsville NY. (South-east of the UB Amherst campus). Take I 290 to exit 5B, exit north on Millersport Highway (SR-263) for one mile. Exit at the Coventry exit to right. The Northtown Center parking lot is on left.

WHAT: Run or walk as far as you can, for up to six hours. Concurrent BQ marathon.
Timing ends at 2:00 P.M. (6 hours). Chip timing.

COURSE: 3.25 mile certified scenic loop, P-shaped, paved, 100% traffic-free.
USATF Certified Loop NY13040JG, USATF Certified Marathon NY13042JG

AID STATION: Located at the Start/Turn-Around (every 3.25 miles), with
Gatorade, pop, water, cookies, bananas, pretzels etc...

AWARDS: Award to top male and female (Most distance).

- Medals to all finishers.
- Results will be posted on the web including **BuffaloRunners.com**

RACE REGISTRATION and NUMBER PICK-UP

- Sunday, April 28, 2019, 7:00 to 7:45 A.M.

REGISTRATION FEE: • \$45 U.S. prior to April 28, 2019
• \$50 U.S. on race day • Cash or checks made
payable to "BuffaloRunners.com"
Mail completed applications to BuffaloRunners.com, PO Box 608, Amherst NY 14226.

Continuous Mid-Race and Post-Race Party: near to the start line as runners finish.
For additional info, contact: Susan Devlin or Jeff John / E-mail: BR-6HOUR@BuffaloRunners.com



2019 BR-6HOUR RACE APPLICATION [Please print]

Last Name First Name MI

Number and Street

Town / City State Zip Code

Phone Number Age Male / Female

Release: In consideration of your accepting my entry and permitting me to attend or participate therein, I intend to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may now or in the future have against BuffaloRunners.com, USATF, the Town of Amherst, or their representatives, agents, members, organizers, volunteers, subcontractors of this event or assigns for any and all losses and/or injuries from competing in or attending said run. I verify that I am physically fit, and have trained sufficiently for this race.

Participant's Signature _____ Date _____

Parent / Guardian _____ Date _____
(if participant is under age 18)