

The 716 Mile

Presented by UB Track & Field

Part of the 2017 Runners Roost Mile Series

Saturday, April 29, 2017 at 11:00am at the UB STADIUM

STAY after to watch the UB Track & Field Invite!

PRE-REGISTERED COST: \$10 preregistered before 4/27/17. Registration received by THURSDAY, April 27, 2017 or online at http://ubbulls.com/sports/track/home_information.

RACE DAY COST: \$15 day of race. Checks payable to "UB Foundation"

MAIL PAYMENT (\$10) & REGISTRATION FORM TO: The 716 Mile, UB Track & Field, 161 Alumni Arena, Buffalo, NY 14260.

***Registration form & payment must be received by 4/27! Cost day of race is \$15.

ALL UB STUDENTS with valid ID: \$5 preregistered, \$10 Race Day!

Registration Bonus: Each Runner will receive a Home 2017 UB Football Game Ticket a \$20 value!

❖ FAT Timing provided by Leone Timing (www.leonetiming.com)

❖ **RACE SCHEDULE** ***

- 11:00am Youth 14 & Under (Youth may run any Open race instead)
- 11:20am Open race #1 (seed times 9:00/mile +)
- 11:40am Open race #2 (seed time 7:00 – 8:59/mile)
- 12:00pm Open race #3 (seed times 5:31 – 6:59)
- 12:10pm Open race #4 – the "HOT HEAT" (seed times under 5:30)

*** The number of races and breakdown of times may change based on number of entries

❖ **AWESOME AWARDS:**

- Awards to Overall Male winner, overall Female winner, and Overall Masters Male winner & Female winner (determined by fastest mile time)
- Top three overall in each race: **Quarter-Zip Running Shirt!**
- Top UB Alumni Male & Female receive a special Award! (must check UB Graduate on registration form)

❖ **Questions:** Vicki Mitchell, vam3@buffalo.edu, 716-645-6815

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Name:		Gender: F <input type="checkbox"/> M <input type="checkbox"/>	DOB: __/__/__	Age: _____
Address:		City	State	Zip
Phone ()	Emergency contact name		Emergency phone ()	
Email address: _____@_____				
UB Graduate? Yes <input type="checkbox"/> No <input type="checkbox"/>		Year? _____	UB Student? UB Person # (required for reduced fee) _____	
RACE	Select your race	Race	Expected finish time	
11:00am	<input type="checkbox"/>	Youth 14 & Under	Any entries accepted. Note youth MAY race any race!	
11:20am	<input type="checkbox"/>	Open #1	9:00 and above	
11:40am	<input type="checkbox"/>	Open #2	7:00 – 8:59/mile	
12:00pm	<input type="checkbox"/>	Open #3	5:31 – 6:59/mile	
12:10pm	<input type="checkbox"/>	Open #4	Under 5:30	

Waiver: I acknowledge that running, walking or volunteering in a One-mile race is a potentially hazardous activity, which could result in injury or death and that this athletic event is an extreme test of a person's physical and/or mental limits. The risks of this event include, but are not limited to, those caused by roads, terrain, facilities, equipment, vehicular traffic, falls, contact with another participant, official, volunteer, spectator, coach, event official, event monitor and/or motor vehicle, the effects of weather, including high heat and/or humidity, and lack of hydration. These risks are not only inherent to athletes, but are also present for volunteers. I hereby assume all of the risks of participating in and/or volunteering at this event.

Signature _____ Date: _____

Signature of parent/guardian for minors (under 18 years old): _____